**Fly Food Protocol-2L**

Continue stirring throughout the whole process

1. Boil 1.7 L of water
2. Add 15.8 g of agar and stir till completely dissolved
3. Add 55 g of brewer’s yeast
4. Add 104 g of cornmeal
5. Add 22 g of sugar
6. Stir continuously until mixture boils
7. Turn off the heat and stir for 15 minutes
8. Dissolve 4.8 g of tegosept in 18.4 mL of ethanol
9. Add the tegosept/95% ethanol mix - NEVER FORGET ANTI-FUNGUS SOLUTION
10. Immediately pour while stirring (approx. 12 mL per vial and 50 mL per bottle)